

## SUNY Buffalo Emergency Medicine Residency - Sports Medicine Track

Mentor: Heidi Suffoletto, MD, FACEP

### **Goal:**

The Goal for the Sports Medicine Track is to provide the opportunity for enhanced instruction in the EM subspecialty of Primary Care Sports Medicine. In particular, after completing this track, the trainee will have enhanced expertise in evaluation and management of musculoskeletal medicine and concussion. This will provide the opportunity for an enhanced application to a Primary Care Sports Medicine Fellowship, or become more involved in their community in the form of game/event/mass participation event coverage. In addition, trainees will have the opportunity to enhance skills in joint injections, musculoskeletal ultrasound, and casting/splinting. In completing the requirements, the trainee will have a letter placed in his/her file, attesting to the additional expertise gained.

**Requirements:** Complete 100 credit hours during residency

### **Opportunities for Credit:**

#### **Required**

1. Attendance at monthly scholarly track meetings
2. Longitudinal didactic sports medicine exposure (required, at least 50% attendance)
  - a. Primary care sports medicine journal club
    - i. Offered 2-4 times yearly, dates will be announced
  - b. Primary care medicine bimonthly lecture series
    - i. At UBMDOSM offices, Wednesdays 6-8 pm
3. Write and present EM grand rounds lecture focusing on a Sports Medicine related topic
4. Completion of Primary Care Sports Medicine Elective in Second or Third Year
  - a. This will include time at the UB Concussion Clinic
5. Research project (Including Poster/Podium presentation, participation in original research, case study)

#### **Optional**

6. Attendance at National Primary Care Sports Medicine Conference (AMSSM suggested)
7. Prepare and give lecture to EMM 550 students. Suggested topics:
  - a. Musculoskeletal exam
  - b. Joint Injection
  - c. Concussion
  - d. Casting/splinting
8. Completion of AMSSM online musculoskeletal ultrasound didactics

9. Completion of AMSSM online ECG interpretation module
10. Participation in Pre-participation physical examinations (UB/ECC/High School)
11. Participation in UB Training Room Clinic
12. Attendance at a physical therapy clinic and/or chiropractic clinic to learn basic principles and applications of injury rehabilitation
13. Familiarity with SCAT-5 tool and ability to apply it in the clinical setting
14. Coverage of Sporting events at the high school, college, and or professional level, as well as mass participation events when applicable
15. Completion of elective in Musculoskeletal Radiology

**Recommended Memberships:**

1. AMSSM (American Medical Society for Sports Medicine, AMSSM.org)
2. ACEP Sports Medicine Section

**Available Learning Materials:**

1. AMSSM Position Statements
2. Selected Sports Medicine Article available in British Journal of Sports Medicine
3. Podcasts Available on AMSSM Website